

## Local abbreviations

Br : Broomfield CF : Cheddon Fitzpaine  
KSM: Kingston St Mary WM: West Monkton  
ROC – Romanian Orthodox Church  
Trad HC: Communion from Book of Common Prayer  
HC: Holy Communion Ch.Es: Choral Evensong  
Morn. Wsp: Morning Worship;  
Eve Wsp: Evening Worship



## OUR MISSION STATEMENT:

“To know, share and spread the love of God”

# Welcome

## 3<sup>rd</sup> SUNDAY AFTER TRINITY 21<sup>st</sup> June 2026

### Collect for 3<sup>rd</sup> Sunday after Trinity

God our Saviour,  
look on this wounded world in pity and in power;  
hold us fast to your promises of peace  
won for us by your Son,  
our Saviour Jesus Christ. **Amen**

**Readings:** Romans 6: 1b-11  
Matthew 10: 24-39  
(WM: Jeremiah 20: 7-13)

### For your prayers:

Philippa, Tom Baker, Carol Carter, Charlie Way,  
Andy, Barbara Hastilow, Bob Pettitt, Ray Cleave,  
Sandy & Brian Adams, Elizabeth Huntingford.  
*If you know of someone who wishes us to pray for them, please obtain their permission before you contact the Office*

### Those who have died and those who mourn them:

Chris Thorne – funeral 8<sup>th</sup> July 2.00pm in Bude Methodist Church – prayers for Lindsay & family

**Receiving Communion:** All who are baptised are welcome to receive bread & wine in our churches.

If you want to receive bread intincted in the chalice come to the LEFT half of the altar rail and to drink from the common cup to the RIGHT.

(a collection for the work of the church may be taken during the service)

### PRAYERS:

Please pray for the events taking place across the Benefice, that we make Christ known in all we do and in all our conversations.

### Readings 28<sup>th</sup> June: 4<sup>th</sup> Sunday after Trinity

Romans 6: 12-end Matthew 10: 40-end  
Jeremiah 28: 5-9 (WM)

DATE	Br	CF	KSM	WM
21 <sup>st</sup> June	11.00am HC	6.00pm Prayer & Reflection	9.30am HC	8.30am BCP HC 10.00am Morn.Wsp
28 <sup>th</sup> June		9am–2pm ROC	8.30am BCP HC 6pm Ch. Esong	10.00am HC
5 <sup>th</sup> July	<b>6.00pm</b> Eve.Wsp	11.00am HC	9.30am HC and Kids Church	8.30am BCP HC 10.00am Morn.Wsp
12 <sup>th</sup> July		9am–2pm ROC	8.30am BCP HC	10.00am HC
19 <sup>th</sup> July	11.00am HC	6.00pm Prayer & Reflection	9.30am HC	8.30am BCP HC 10.00am Morn.Wsp
26 <sup>th</sup> July		9am–2pm ROC	8.30am BCP HC 6pm Ch. Esong	10.00am HC

*Tuesday 8.30am morning prayer on Zoom. Contact the office for the link if you'd like to join in*

*Wednesdays: Bible study group in the Benefice Office 7pm. Contact the benefice office for details*

**Morning Prayer in Kingston church:** Normally Rev Jim Cox will say Morn Prayer in Kingston church on **Mon – Weds at 8.00am** do come and join him if you wish.

## Parish ministry team

Clergy: Rector: Revd Jim Cox 01823 802790

Email: [jimcox11@gmail.com](mailto:jimcox11@gmail.com) ;

Rev Maureen Doble

Licensed Readers Rosie Brown & Peter Wright

Ele Winders – Kingston Children & Families Worker:

Email: [ksm.childrenfamilies@gmail.com](mailto:ksm.childrenfamilies@gmail.com)

Administrator: Michele Hardiman 01823 451257

Office open Mon, Tues, Weds, Fri 9am – 2pm

[office@southquantockbenefice.org.uk](mailto:office@southquantockbenefice.org.uk)

Website: <https://southquantockbenefice.org.uk/>

## June

23<sup>rd</sup> 2.30-4pm Meditation Group at Tricia's  
27<sup>th</sup> 7.00pm Men's Group – cocktails at Vicarage  
29<sup>th</sup> 7pm Cheddon PCC

## July

3<sup>rd</sup> 7.00pm Broomfield concert 'The Rivertones'  
Tickets £15 incl food & a drink. Contact Paul  
on 07775 853730  
4<sup>th</sup> 10am WM Coffee & More -  
4<sup>th</sup> 9.30-12noon Cheddon Churchyard working party  
5<sup>th</sup> 2-5pm Cheddon Open Gardens- tickets £10 incl  
tea & cake. Under 10's free. *See details below*  
9<sup>th</sup> 10am Home Comm team at Julia's  
12<sup>th</sup> 12.45pm from KSM - Pilgrimage walk to The  
Minster - see details  
14<sup>th</sup> 10am – Mens Group – Golf, Pitch & Putt  
17<sup>th</sup> 7pm KSM – Rev Paul Cudby talk 'Faith in Nature'  
20<sup>th</sup> 6.30pm Broomfield PCC in the office

\*\*\*\*\*

### **Meditation Group 23<sup>rd</sup> June: 2.30-4pm**

*at Tricia's in WM area– contact office for location  
details – open to everyone*

**Sat 27<sup>th</sup> 7pm Mens Group** – cocktails Vicarage £5.  
Contact office to book please for numbers.

**Sat 4<sup>th</sup> July 9.30am-12noon** Cheddon Churchyard  
Working Party – as usual, bring your tools, gloves &  
we'll provide the refreshments.

**Sat 4<sup>th</sup> July 10am – West Monkton Coffee & More**  
Rachel Knight, aka 'Village agent' joins us for an  
informative talk about what's going on in West  
Monkton Parish. *Suggested donation £3*

**Sun 5<sup>th</sup> July 2-5pm Cheddon Open Gardens**  
tickets £10 incl tea & cake. Under 10's free.  
Limited parking. Tickets & maps available from  
the church from 2pm on the day

**Tues 14<sup>th</sup> 10am Mens Group** – Golf – pitch& putt  
(£8) – driving range available. ***Please ring or email  
the office to book your place by 6<sup>th</sup> July***

\*\*\*\*\*

### **Matthew 10: 24-39**

<sup>24</sup> 'A disciple is not above the teacher, nor a slave  
above the master; <sup>25</sup> it is enough for the disciple to be  
like the teacher, and the slave like the master. If they  
have called the master of the house Beelzebul, how  
much more will they malign those of his household!  
<sup>26</sup> 'So have no fear of them; for nothing is covered up  
that will not be uncovered, and nothing secret that  
will not become known. <sup>27</sup> What I say to you in the  
dark, tell in the light; and what you hear whispered,

proclaim from the housetops. <sup>28</sup> Do not fear those  
who kill the body but cannot kill the soul; rather fear  
him who can destroy both soul and body in hell.  
<sup>29</sup> Are not two sparrows sold for a penny? Yet not  
one of them will fall to the ground unperceived by  
your Father. <sup>30</sup> And even the hairs of your head are  
all counted. <sup>31</sup> So do not be afraid; you are of more  
value than many sparrows. <sup>32</sup> 'Everyone therefore  
who acknowledges me before others, I also will  
acknowledge before my Father in heaven; <sup>33</sup> but  
whoever denies me before others, I also will deny  
before my Father in heaven. <sup>34</sup> 'Do not think that I  
have come to bring peace to the earth; I have not  
come to bring peace, but a sword. <sup>35</sup> For I have come  
to set a man against his father, and a daughter  
against her mother, and a daughter-in-law against  
her mother-in-law; <sup>36</sup> and one's foes will be  
members of one's own household. <sup>37</sup> Whoever loves  
father or mother more than me is not worthy of me;  
and whoever loves son or daughter more than me  
is not worthy of me; <sup>38</sup> and whoever does not take  
up the cross and follow me is not worthy of  
me. <sup>39</sup> Those who find their life will lose it, and those  
who lose their life for my sake will find it.

### **Reflection on Matthew 10: 24 – 39**

Matthew 10 starts with the commissioning of the  
Twelve, these verses shift our perspective on  
comfort and safety, warning that a disciple is not  
above their teacher. If Jesus faced radical  
opposition and false accusations, we should expect  
a messy, challenging road too. The heart of this  
passage isn't fear—it's radical trust. Intertwined  
with these stark warnings is a tender assurance:  
we are worth more than many sparrows, and the  
very hairs of our head are numbered.

*Sam Winders*

### **PILGRIMAGE WALK TO THE MINSTER 12<sup>th</sup> July**

This year the diocese has asked the parishes to  
make a special focus on prayer. As part of this the  
deanery has organised a pilgrimage to the Minster  
on Sunday 12th July.

The plan is for prayer stations in the Minster from  
3pm, refreshments at 4pm and a joint service at 5pm

I will walk ***from Kingston St Mary (meet 12.45pm  
by the triangle and leave promptly by 1.00pm)***  
and Cheddon and join the canal at the Crown  
Medical Centre, hopefully to meet others from West  
Monkton (and possibly Creech) about 2.30pm to  
continue on into town to The Minster.

You are welcome to join in at any point, as you wish.  
*Jim Cox*